



# V4

## OLYMPIC HOPES

GENERAL PARTNER  
OF SLOVAK SWIMMING  
FEDERATION



**speedo**   
generálny partner slovenskej reprezentácie

International junior swimming competition  
Slovakia \* Czechia \* Poland \* Hungary  
Bratislava, 13.05.-14.05.2017



**SLOVENSKÁ  
PLAVECKÁ FEDERÁCIA**  
SLOVAK SWIMMING FEDERATION



# Slovak Swimming Federation has the pleasure to invite your teams to V4 Olympic hopes Meeting 2017

- Teams:** Slovak Swimming Federation, Czech Swimming Federation, Hungarian Swimming Association, Polish Swimming Federation
- Location:** Junácka 4, 831 04 Bratislava, Slovakia
- Swimming pool:** indoor 50m pool, 8 lanes. SwissTiming Quantum Aquatics will be used with backstroke ledges available
- Rules:** the competition will be conducted under FINA & SSF rules. The SSF Technical rules should apply
- Competition times:** 1st session, May 13th, 2017 starts at 10:00  
2nd session, May 13th, 2017 starts at 17:00  
3rd session, May 14th, 2017 starts at 10:00
- Warm up:** starts 1 hour before the start of both sessions
- Training:** pool will be available for teams on Friday May 12th, 2017 between 17:30-19:00  
there will be two lanes available for each team for training
- Age group:** boys born 2001 + 2002 (15 and 16 years old)  
girls born 2002 + 2003 (14 and 15 years old)
- Entries:** closing date for entries is May 3rd, 2017. Use attached LENEX file. In entries use only times from 50m pools. In individual events only 2 swimmers per country and per event may be submitted. In relay events only 1 team per country may be submitted
- Entry fee:** no entry fee
- Late entries:** late entries may be allowed at the team leaders meeting. The late entries may be seeded as out of competition entries



# General & Technical rules

**Accommodation:** team accommodation will be in Hotel Nivy\*\*\*. The hotel offers nice rooms, very good restaurant and wellness centrum.

**Point system:** individual events:  
1st (9pts), 2nd (7pts), 3rd (6pts), 4th (5pts), 5th (4pts), 6th (3pts), 7th (2pts), 8th (1pts)  
relays:  
1st (16pts), 2nd (12pts), 3rd (8pts), 4th (4pts)

**Competition system:** in each discipline participate two swimmers per country, one must be younger and one older. In boys events 15 and 16 years old, in girls events 14 and 15 years old. The same situation should apply in relays - 2 older and 2 younger swimmers

**Awards:** swimmers in 1st, 2nd and 3rd place in each event will receive medals. The best team will be awarded Cup

**Information:** for more information before the competition contact Miroslav Nowak at [sport@swimmsvk.sk](mailto:sport@swimmsvk.sk) or 00421 903 717 236

**Local OC:** local contact during competition is Ms. Bianca Stanková. You may contact her at [office@swimmsvk.sk](mailto:office@swimmsvk.sk) or 00421 905 595 415

**Contact:** Slovenská plavecká federácia  
Za kasárňou 1, 831 03 Bratislava, Slovakia  
[office@swimmsvk.sk](mailto:office@swimmsvk.sk)

# Entry procedure & deadlines

- Entry file:** entry has to be send in lenex entry format to **office@swimmsvk.sk** no later than May 3rd, 2017
- Accommodation:** please send us your request for accommodation no later than April 4th, 2017. Your request send to **office@swimmsvk.sk**
- Rooming list:** please send us the rooming list no later than May 3rd, 2017. The rooming list send to **office@swimmsvk.sk**
- Travel itineraty:** please send us your travel itinerary no later than May 3rd, 2017
- Team Leaders mee-  
ting:** Friday May 13th, 2017 at 21:00 in Hotel Nivy\*\*\*

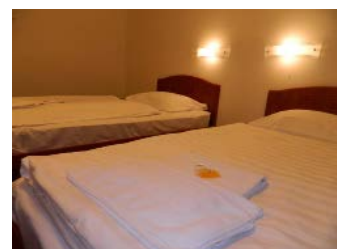
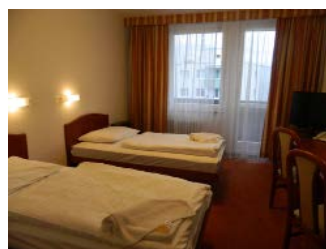


# Accommodation

Slovak Swimming Federation offers to participants of V4 Olympic Hopes Competition accommodation in Hotel Nivy\*\*\* with full board. This hotel is located in close vicinity of the competition venue in quiet housing development. It offers 250 rooms, restaurant and swimming pool.

Slovak Swimming Federation will cover accommodation of each team for the period from Friday May 12th, 2017 (dinner) to Sunday May 14th, 2017 (lunch or meal to go) for up to 30 people.

Management of this 3\* hotel works closely with Slovak Swimming Federation so we are able to offer the best prices for accommodation if any extra rooms are needed.



# Competition schedule

1st session – Saturday May 13th, 2017		
Warm-up 09:00 – 09:55 / 1st start 10:00		
1.	50m freestyle	boys
2.	50m freestyle	girls
3.	200m butterfly	boys
4.	200m butterfly	girls
5.	100m backstroke	boys
6.	100m backstroke	girls
7.	1500m freestyle	boys
8.	400m freestyle	girls
9.	100m breaststroke	boys
10.	100m breaststroke	girls
11.	200m individual medley	boys
12.	200m individual medley	girls
13.	4x100m freestyle relay	boys
14.	4x200m freestyle relay	girls

2nd session – Saturday May 13th, 2017		
Warm-up 16:00 – 16:55 / 1st start 17:00		
15.	200m freestyle	boys
16.	200m freestyle	girls
17.	50m breaststroke	boys
18.	50m breaststroke	girls
19.	200m backstroke	boys
20.	200m backstroke	girls
21.	50m butterfly	boys
22.	50m butterfly	girls
23.	400m individual medley	boys
24.	400m individual medley	girls
25.	4x200m freestyle relay	boys
26.	4x100m freestyle relay	girls

3rd session – Sunday May 14th, 2017		
Warm-up 09:00 – 09:55 / 1st start 10:00		
27.	100m freestyle	boys
28.	100m freestyle	girls
29.	50m backstroke	boys
30.	50m backstroke	girls
31.	200m breaststroke	boys
32.	200m breaststroke	girls
33.	100m butterfly	boys
34.	100m butterfly	girls
35.	400m freestyle	boys
36.	800m freestyle	girls
37.	4x100m medley relay	boys
38.	4x100m medley relay	girls



# Travel form

Return this form by email to [office@swimmsvk.sk](mailto:office@swimmsvk.sk) no later than May 3rd, 2017

TEAM: \_\_\_\_\_ Name of the team leader: \_\_\_\_\_

Team leader contact (email, cell phone): \_\_\_\_\_

Arrival: \_\_\_\_\_ Departure: \_\_\_\_\_

Travel by (car, bus, train, plane): \_\_\_\_\_

In case that your team needs any travel advice, please contact [office@swimmsvk.sk](mailto:office@swimmsvk.sk) as soon as possible.